

## starters

### Goat Buster †

Goat cheese fondue served with Granny Smith apples, crisp carrots, celery and artisanal breads: 13

### Organic Spinach Artichoke Dip †

Housemade dip that's both cheesy & creamy: 9

### Wild Thing Pizza †

Housemade garlic and herb crust, topped with Brie, organic spinach and sautéed mushrooms: 11

### Chicken Quesadilla

Flour tortilla, chipotle spread, cheeses blended with blackened chicken with salsa and jalapeno sour cream: 9

### Calamari al fiasco

Spicy dusted and flash fried served with our spicy aioli: 10

## soup

### Lobster Bisque / Tomato Basil / Soup of the Day

Cup: 4.5 Bowl: 7

## salads

### Golden Chevre

Organic mixed greens, fresh berries, candied walnuts, julienne apples accompanied by a strawberry poppyseed vinaigrette topped with panko encrusted chevre: 13

### Basic Spinach Salad ♥ †

Organic baby spinach, golden raisins, toasted walnuts, gorgonzola, with a balsamic & dijon vinaigrette: sm 6 / lg 11

### Smoked Chop Salad

Chiffonade of romaine, hard boiled eggs, red onions, tomatoes, blue cheese, applewood smoked bacon, in a smoked tomato dressing: 13.95

### Nicoise Salad with Irish organic salmon

Irish organic salmon accompanied with organic mixed greens, vine ripened tomatoes, red potatoes, hard boiled eggs, haricot vert, house-cured kalamata olives, and shaved parmesan tossed in our Niçoise vinaigrette: 17

### Caesar

Classic Caesar finished with a crostini, and parmesan: sm 6 / lg 11

## pasta

### Chicken Truffled Mac-n-cheese

Grilled chicken with savory and delicious Mac-n-cheese: 12.95

### Wild Mushroom Fettuccini †


This earthy cream sauce is accentuated with a drizzle of white truffle oil: 12

### Add Protein:

5- chicken / 11 - organic salmon, beef tenderloin, or three jumbo shrimp

We offer gluten free options on just about everything.

You may substitute gluten free penne pasta for 3.5 (it takes about 15 minutes to boil fresh gluten free penne)

♥ - heart healthy † - vegetarian **G** - gluten free  - organic

[www.wildflowerstl.com](http://www.wildflowerstl.com)

## daily feature

### Organic Irish Salmon Feature ♥

From St. Brennan's, Ireland, this salmon is hand fed organic food, and raised in an ocean pen comprised of 99.5% water.

### Quiche du Jour

Quiche of the day with a side of fresh fruit: 10.7

## sandwiches

*Served with one of the following: French fries, sweet potato waffle fries, fresh fruit, side organic spinach or caesar salad*

### Grass Fed Beef Burger

Raised locally and "free-from" hormones and antibiotics  
1/2 lb hand patty: 13  
*Build it to your liking*

### Moroccan Spiced Turkey Burger

Organic ground turkey seasoned with our housemade Ras el Hanout, topped with frisee, charmula, tomato and feta served on a pita: 9.95

### Philly Goat Steak Sandwich

Sliced beef tenderloin, grilled onions, braised peppers, mushrooms and creamy goat cheese.  
Served on a toasted baguette: 13

### Cajun Chicken Po-Boy

Blackened free range chicken, smoked Gouda, lettuce, pickles, tomatoes topped with our housemade Cajun rémoulade and served on a baguette: 11

### Cajun Shrimp Po-Boy

Blackened shrimp, lettuce, pickles, tomatoes topped with our housemade Cajun rémoulade and served on a baguette: 14

### Philly Goat Portabella Sandwich †

Sliced portabella, grilled onions, braised peppers and creamy goat cheese.  
Served on a toasted baguette: 13

### Wild Flower Falafel Plate †

Housemade falafel and hummus, organic mixed greens, tomato, red onion and cucumber. Served with a warm pita: 11

### Classic BLT

Toasted wheat bread, bacon, crisp lettuce, sliced tomato and mayo: 10.25

### Chicken Salad Wrap

A tortilla wrap stuffed with chicken, grapes, walnuts, lettuce and mayo, this is a crowd favorite: 10

### 1/2 Sandwich, Soup & Salad

*A triple for your taste buds!*

Chicken Salad Wrap or BLT

with our organic spinach salad & one of our soups: 10.45

## Proudly Supporting Local & Organic

Becker Brothers' Farm - Germantown, IL  
Rain Crow Ranch - Doniphan, MO  
Double Star Farm - Bluford, IL  
Buttonwood Farm - California, MO  
Serendipity Ice Cream - St. Louis, MO  
Todd Geisert Farms - Washington, MO  
Such & Such Farms - De Soto, MO  
Midwest Pasta Company - St. Louis, MO



# wild flower libations

## *The Wild Orchid "our signature drink"*

Glass or Pitcher

### **Cadillac Margarita**

*"Premium & worth it"*

Glass or Pitcher

### **Mai Tai**

*"Rum Fun"*

Glass or Pitcher

### **The Original Margarita**

Glass or Pitcher

### **Red & White Sangria**

Glass or Pitcher

## **Micros & Imports**

Stella Artois

Stella Artois Cidre

Delirium Tremens

UCBC STLIPA

Leinenkugel Grapefruit Shandy

Goose Island 312

Schlafly Pale Ale

Lefte Belgian Blonde

UCBC Schnickelfritz

## **Domestic Beer**

Bud Light

Budweiser

Bud Select

## **Draft Beers**

*Happy Hour Drafts (4-7pm; 10pm-1am): 3.5*

*Our selection is always unique with a wide array of taste & style*

*Ask your server about what's new or local.*

## **Wild Flower Favorites**

**Gin Germain** - Hendrick's gin, St. Germain, Lemoncello, lime juice and soda water

**French 75** - Hendrick's gin, Lemoncello, spumante, simple syrup

**Plum Blossom** - Pearl Plum, grapefruit juice, cranberry juice topped with soda water

**Dark & Stormy** - Gosling's black rum & Gosling's ginger beer

**Moscow Mule** - Absolut vodka & Gosling's ginger beer. Topped with lime juice

**Deep Eddy Lemon Madras** - Deep Eddy Lemon vodka, orange juice and cranberry juice.

## **Famous Mojitos & Fresh Fruit Drinks**

**West End Mojito** - *A neighborhood favorite!*  
Made fresh strawberries and basil

**Orange Mango Mojito** - Bacardi O, Malibu Mango with a tropical blend of fresh mint & orange slices

**Classic Mojito** - Fresh mint with limes muddled in simple syrup & rum, topped off with refreshing club soda

**Basil Mojito** - Our version of the classic made with fresh basil

**Strawberry Blueberry Fizz** - Pearl Blueberry vodka, muddled fresh strawberries, simple syrup and soda water

**Manhattan Orange** - Bulleit rye whiskey, sweet vermouth muddled with a fresh orange & topped off with blood orange bitters

## **Martinis with a twist**

**Almond Kiss** - Sky vodka, Amaretto and Godiva chocolate liqueur

**French 75** - Hendrick's gin, Lemoncello, simple syrup topped with champagne.

**Creamy Chocolate** - Godiva chocolate, Godiva white, Skyy vodka

**Dancing Dutchman** - Ketel One vodka, St. Germain, raspberry liqueur

**Eden** - Pearl pomegranate vodka, Pama Liqueur topped off with Verdi sparkling spumante

**Espresso Martini** - Espresso, vodka, with a splash of crème de cacao & hazelnut

**Mangotini** - Malibu mango rum with lemon lime soda

**Orange Kiss** - Skyy vodka, Cointreau & a splash of OJ

**Green Grape** - Pearl Cucumber, St. Germain liqueur, simple syrup, topped with fresh lemon juice

## **Hot chocolates & Coffee for adults**

**Scotchie** - Butterscotch schnapps, hot chocolate, whipped cream

**Mint Blossom** - Peppermint schnapps, hot chocolate

**Fragile Baby** - Frangelico, irish crème liqueur, coffee

## **The Finale**

**Add Bailey's Pumpkin Spice to your coffee drink 4 coffee / café**

Espresso	4
Cappuccino	4.5
Latte	4.5
Mocha	4.75

## **Beverages**

Coke, Diet Coke, Sprite

Gosling's Ginger Beer

Fresh brewed iced tea

Coffee

Hot Chocolate

Milk

San Pelligrino Limonata

San Pelligrino Blood Orange

VOSS Norwegian Spring Still or Sparkling

Red Bull

Orange Juice

Cranberry Juice

Grapefruit Juice

Pineapple Juice

Apple Juice

*Fresh refills on traditional Coffee & Fresh Iced Tea only*

*Host your next  
special event or business meeting  
in The Wild Flower Loft.  
Voted Saint Louis' Best Caterer  
over and over again.*